

RUMBA

GENERAL:

The music is written in 4/4 time. Normally 3 steps to a measure using a count of QQS (Quick, Quick, Slow, - ;).
Figures are usually danced in Butterfly or Loose Closed Position.

RUMBA INTRODUCTORY BASICS

Alemana	Cucaracha	New Yorker	Sliding Door
Break to Open	Door	Open Break	Spot Turn
Basic	Fence Line	Progressive Walks	Time Step
Box	Hand To Hand	Reverse Underarm Turn	Underarm Turn
Chase	Kiki Walks	Shoulder To Shoulder	Wheel
Circle Box	Lariat	Side Corte	Whip
Crab Walks	Lunge	Side Walks	

ALEMANA;;

M: Fwd L, Rec R, Sd L, - leading W under lead hands; Bk R, Rec L, Sd R, -;

W: Bk R, Rec L, Sd R, - starting to turn RF under lead hands; Fwd Turn L, Fwd Turn R to Fc Ptr, Sd L,-;

BREAK TO OPEN;

M: XLIB, Rec R (OP/LOD), Fwd L,-;

W: XRIB, Rec L (OP/LOD), Fwd R,-;

BASIC;;

M: Fwd L, Rec R, Sd L, -; Bk R, Rec L, Sd R, -;

W: Bk R, Rec L, Sd R, -; Fwd L, Rec R, Sd L,-;

BOX;;

M: Sd L, Cl R, Fwd L, -; Sd R, Cl L, Bk R, -;

W: Sd R, Cl L, Bk R, -; Sd L, Cl R, Fwd L, -;

CHASE;;;;

M: Fwd L turning 1/4 RF, Rec R turning 1/4 RF, Fwd L, -; Fwd R turning 1/4 LF, Rec L turning 1/4 LF, Fwd R, -; Forward Basic; Back Basic;

W: Forward Basic; Fwd L turning 1/4 RF, Rec R turning 1/4 RF, Fwd L, -; Fwd R turning 1/4 LF, Rec L turning 1/4 LF, Fwd R, -; Back Basic;

CIRCLE BOX;; (W circle RF under lead hands)

M: Sd L, Cl R, Fwd L, -; Sd R, Cl L, Bk R, -;

W: Fwd R, L, R, -; L, R, L, -;

CRAB WALKS;;

M: XRIF, Sd L, XRIF, -; Sd L, XRIF, Sd L, -;

W: XLIF, Sd R, XLIF, -; Sd R, XLIF, Sd R, -;

CUCARACHA;

M: Rk Sd L, Rec R, Cl L, -;

W: Rk Sd R, Rec L, Cl R, -; (Can start with either foot)

DOOR;

M: Rk Sd L, Rec R, XLIF, -;

W: Rk Sd R, Rec L, XRIF, -; (Can start with either foot)

FENCE LINE;

M: Cross Lunge (XLIF), Rec R, Sd L, -;

W: Cross Lunge (XRIF), Rec L, Sd R, -; (Can start with either foot)

HAND TO HAND;

M: XLIB turning LF to OP, Rec R to Fc Ptr, Sd L, -;

W: XRIB turning RF to OP, Rec L to Fc Ptr, Sd R, -; (Can start with either foot)

KIKI WALKS;

M: Fwd L, Fwd R, Fwd L, -;

W: Fwd R, Fwd L, Fwd R, -; (Can start with either foot planting each foot directly in front of weighted foot)

LARIAT;;

M: Cucaracha (L & R);; (Retain Lead Hands)

W: (Walk clockwise around M) R, L, R, -; L, R, L, -;

LUNGE

A one-count figure stepping Fwd, Bk or Sd, bending knee & checking motion.

NEW YORKER;

M: XLIF turning RF to LOP, Rec R to Fc Ptr, Sd L, -;

W: XRIF turning LF to LOP, Rec L to Fc Ptr, Sd R, -; (Can start with either foot)

OPEN BREAK;

M: Rk apart strongly L, Rec R, Sd L, -;

W: Rk apart strongly R, Rec L, Sd R,-;

PROGRESSIVE WALKS;

M: Fwd L, Fwd R, Fwd L, -;

W: Fwd R, Fwd L, Fwd R, -; (Can start with either foot)

REVERSE UNDERARM TURN;

M: XLIF, Rec R, Sd L, -;

W: XRIF turning 1/2 LF, Rec L turning 1/2 LF to Fc Ptr, Sd R, -;

SHOULDER TO SHOULDER;;

M: Fwd L to BFLY/SCAR, Rec R, Sd L, -; Fwd R to BFLY/BJO, Rec L, Sd R, -;

W: Back R to BFLY/SCAR, Rec L, Sd R, -; Back L to BFLY/BJO, Rec R, Sd L, -;

SIDE CORTE;

M: Sd L, turning to RLOD semi-closed position leaving R foot extended, toe pointing RLOD, -;

W: Sd R, turning to RLOD semi-closed position leaving L foot extended, toe pointing RLOD, -;

SIDE WALKS;

M: Sd L, CI R, Sd L, -; CI R, Sd L, CI R, -;

W: Sd R, CI L, Sd R, -; CI L, Sd R, CI L, -; (Can start with either foot)

SLIDING DOOR;

M: Rk apart L, Rec R, XLIF, -;

W: Rk apart R, Rec L, XRIF, -; (OP LOD Woman crosses in front of man)

SPOT TURN;

M: XLIF turning 1/2 RF, Rec R turning 1/2 RF to Fc ptr, Sd L, -;

W: XRIF turning 1/2 LF, Rec L turning 1/2 LF to Fc ptr, Sd R, -; (Can start with either foot)

TIME STEP;

M: (no hands joined) XLIB, Rec R, Sd L, -;

W: (no hands joined) XRIB, Rec L, Sd R, -; (Can start with either foot)

UNDERARM TURN;

M: Bk R, Rec L, Sd R, -;

W:(Turning RF under lead hands) Fwd L Turn, fwd R Turn to Fc Ptr, Sd L, -;

WHEEL;;

M: (Wheel Fwd clockwise) L, R, L, -; R, L, R, -;

W: (Wheel Fwd clockwise) R, L, R, -; L, R, L, -;

WHIP;

M: Bk R turning 1/4 LF, Rec Fwd L turn 1/4, Sd R, -;

W: Fwd L outside man, Fwd R turning 1/2 LF to Fc Ptr, Sd L, -;

ABBREVIATIONS

Fwd: Forward	LOD: Line Of Dance
Bk: Back	RLOD: Rev. Line Of Dance
Sd: Side	BFLY: Butterfly Position
Cl: Close	OP: Open Position
Tch: Touch	LOP: Left Open Position
M: Man	BJO: Banjo Position
W: Woman	SCAR: Sidecar Position
L (R): Left (Right)	XLIB: Cross Left In Back
LF: Left Face	XRIF: Cross Right In Front
RF: Right Face	Fc Ptr: Face Partner
Rk: Rock	Rec: Recover

; Semicolon indicates end of a measure

, Comma divides a measure into counts

- Dash indicates a hold count